

**Zaporozhye State Medical University**

Department of Psychiatry, psychotherapy, general and medical psychology,  
addiction and sexology

Approved on the methodical conference of department  
psychiatry, psychotherapy, general and medical psychology,  
addiction and sexology

Head of the Chair MD, professor V.V.Chuhunov

---

" \_\_\_\_\_ " \_\_\_\_\_ 2015

**Methodical development**

independent studies on the topic "Methodological Psychology: subject, tasks and  
methods of psychological research" for students 4 courses of medical faculty  
(specialty "medicine")

**SUBJECT: "Medical Psychology: subject, task and methods of psychological research."**

1. Objectives of independent work:

- 1) able to determine the object, purpose and objectives of medical psychology, its methods and the criteria for mental health;
- 2) be able to carry out basic measures for Mental Health and psychological prophylaxis in general medical practice, evidence to identify the main psychotherapeutic interventions.

2. Content of independent work:

1. Definition, object and tasks of medical psychology.
2. Methods of psychological research.
3. Principles of purposeful psychological conversation.
4. Determination of mental health and levels of psychological adaptation.
5. WHO health criteria.

3. Recommended Books: General

1. Lecture material
2. Methodological developments

**3. Materials for self-control.**

Tests Level 1:

1. medial kolinchate body is part of:

- A. auditory analyzer
- B. Limbychnoyi system
- C. visual analyzer
- D. pyramidal way
- E. Skin and kinesthetic analyzer

2. A holistic reflection of objects, situations and events that occurs when the direct effects of physical stimuli on the receptor surface senses - is:

- A. Perception
- Feeling B.
- C. Submission
- D. Remembering
- E. Imagination

3. Teaching children to behave on the water refers to measures:

- A. Prevention
- B. Hygiene
- C. Propaganda
- D. General medicine Psychotherapy

4. Careful auscultation of patient complaints and sympathetic attitude to its problems based on the theory of persons:

- A. humanistic
- B. psychodynamic
- Cognitive behavioral
- D. All

5. Medical Psychology are:

- A. Part of Psychiatry
- B. Section of General Psychology
- C. neuropsychology
- D. Section of medical ethics and deontology
- E. separate psychological discipline.

6. The subject of medical psychology does not include:

- A. Study characteristics of mental patient
- B. Study of mental patient health and disease

- C. The study of the physiological mechanisms of higher mental functions
- D. Ensuring optimal system of positive psychological action accompanying the examination and treatment of patient
- E. Study of the relationship doctor - a health worker – patient

Tests of 2

1. Patient N. 55, for 20 years, suffering from hypertension, complains of manifest negligence associated with this forgetfulness. For research attention in the NA can be applied:

- A. proofreading test
- B. Test Amthauer
- C. Test Methods
- D. Wexler Dung
- E. Methodology "Raven Progressive Matrix"

2. Patient F. thirty years, said in the last month intermittent insomnia, loss of appetite.

Typical signs of health are:

- A. Structural and preservation of human organs
- B. Functional conservation systems and organs
- C. Professional and career growth
- D The high adaptability of the organism to model for him the physical and social environment
- E. Keeping his usual state of health

### **Basic literature:**

1. Vitenko NV General and medychnapsyholohiya. - K., 1996, p. 76-89.
2. VH Vasilenko Vnutrennye disease. - M., 1978, pp. 22-31, 46-54, 68-79.
3. Maklakov AG General psychology. - SPb., 2000, 592 p.
4. Abramov VA and others. Medychnapsyholohiya. - Donetsk, 2010. - 289 p.
5. Gavenko VL Vitenko I.S., Samardakova GO Workshop on medychnoyi Psyholohiyi. - Kharkiv: Region-Inform, 2002 - 248s.
6. Psychiatry: vyrobishcho normative and practical issue. - K: MNATS Health Statistics; IEC "Mediainform", 2009 - 628 p.
7. V. Chugunov Psychotherapeutic diagnosis - 3rd edition extended. - Kharkiv, 2014 - 536 p. - Byblyohr .: 469-505
8. V. Kozidubova, VM Kuznetsova, VA Verbenko, LM St. George's, AA Fils, IA Babenko. Psychiatry. - Kharkov: Charm, 2013 -1164 with.
9. Tyulpyn JG Medical Psychology, Moscow "Medicine", 2004.
10. Mendeleovich VD Medical and Clinical Psychology, Moscow "MEDpress-inform", 2005.
11. Mikhailov BV, Tabachnykov SI, Vytenko I. S. Chugunov VV psychotherapy. - Kharkiv: OKO, 2002.

### **Further Reading:**

1. IS Vitenko General and Clinical Psychology. Textbook for medical students vuziv.- K., Health. 1994.-294s.
2. IS Vitenko Psychological foundations of therapeutic and preventive activities and prepare a general practitioner. - H.Osnova. 2002.-388s.
3. IS Vitenko Chaban AS AA stork Family Medicine: psychological aspects of diagnosis, prevention and treatment. - Ternopil: Ukrmedknyha. 2002. -187 p.
4. Gavenko VL .. Vitenko I.S, GA Samardakova Practice of medical psychology. - Kharkiv: Region-Inform. - 2002. - 248s.
5. General and Medical Psychology (workshop) in total. edited by ID Spirin, IS Vitenko. - Dnepropetrovsk: Art Press. 2002 175s.
6. Medical Psychology (Workshop) / Spirina I.D .. Fox GI Vitenko IS Dnepropetrovsk:

printers. 1997. 54C.

7. VD Mendelevich Clinical and medytsynskayapsyholohyya. Prakticheskoerukovodstvo. M.: MIEDpress. 1998.-587s.
8. Volkov VG .. Strelysk AK, Karavaev EV .. TetepevF.F. Personality bolezni.-Nazi and Tomsk. Medicine, 1995.-328s.
9. Golovakha E.Y .. Panin NV Psyholohyyachelovecheskohovzaymoponymanyaa. - Kiev. Ed. Drizzle. LyteraturyUkrayny, 1989. - 187s.
10. K. Leonhard Aktsentuyrovannyyelichnosty / Per. with Pam. Kiev: High School. -- 390 1981. p.
- P.LuryyaP.A .. Internal picture of illness and yatrohennyyezabolevaniya. (Ed. 4th). Moscow. Medicine. 1977. - 12s.
12. Fundamentals of general and medical psychology / Ed. and I.S.Vitenka O.S.Chabana. Ternopil: Ukrmedknyha. 2003. -344 p.
13. I. A .. Polishchuk AE Vydrenko Atlas for eksperymentalnohoysledovaniyaotklonenyiv psyhicheskoydeyatelnostycheloveka. - Kiev, "health". 1980. -122s.
14. Tashlykov VA Psyholohyyalechebnoprotsessa. - L-Dr. "Medicine". 1984. - 191s.
- Ib.Teleshevskaya M.S Pohybko NI .. Voprosyvrachebnoydeontolohyy. - L-Dr. "Medicine". 1978.- 158s.
- Ib.TopolyanskyyV.D. MV Strukovskaya Psyhosomatychsskyerasetroystva. - Moscow. Medicine. 1985. 380 p.