# **Zaporozhye State Medical University**

Department of Psychiatry, psychotherapy, general and medical psychology, addiction and sexology

## **Methodical development**

independent studies on the theme "Value the individual characteristics and health workers" for the 4th year medical students faculty (specialty "medicine")

#### Theme: "Value and individual features of health workers."

- 1. Objectives of independent work:
- 1) be able to identify and evaluate the psychological characteristics of participants communicating diagnostic and treatment process to provide a therapeutically effective and peaceful interaction with the patient health workers;
- 2) be able to interpret and analyze the psychological characteristics of the individual health worker and assess their impact on the professional socialization.
- 2. Content of independent work:
- 1. Requirements for individual health workers.
- 2. The term "drug debt" and "medical secret."
- 3. Medical errors: causes and types.
- 4. Psychological types of doctors.
- 5. professional deformation "burnout syndrome" and ways to prevent it.
- 6. The rules of ethics and subordination in the medical environment.
- 7. Types and characteristics of communication in the medical environment.
- 8. Psychological characteristics of the stages of the diagnostic process.
- 9. Principles physician communication with patients and their relatives.
- 10. The conflicts in the medical environment, their types, solutions and prevention.
- 3. Recommended Books: General
- 1. Lecture material
- 2. Methodological developments

### 1. Approximate map for independent work with literature

<u>№</u>	Main tasks	Notes / Questions
1.	Etiology	Name the basic etiological factors
2.	Clinic	Name the major clinical syndromes
3.	Diagnostics	Writing a list of methods used for diagnosis
4.	Differential diagnosis	Fill in the table for the differential
5.	Treatment	diagnosis diagnosis
6.	Prevention and screening	To make the typical treatment regimen

#### **Tests Level 1:**

- 1. investigated by the method of Eysenck on a scale neyrotyzmu rate 9 points, extraversion 15 points correction 7 points. These data indicate that investigated:
- A. sanguine temperament
- B. choleric temperament
- C. melancholic temperament
- Oh phlegmatic temperament
- A. Results are not subject to interpretation
- 2. Adaptation includes:
- A. Adaptation psychophysiological
- B. Adaptation psychosocial
- C. Adaptation Adaptation professional O. cognitive E. All of the above mentioned
- 3. Manage the easiest people that man has the temperament:
- A. Sanguine
- B. Choleric
- C. O. Phlegmatic Melancholic E.Zhoden
- 4. iatrogenic by a doctor due to:
- A. Difficulties medical profession

- B. insufficient professional qualifications
- C. and organizational drawbacks. Insufficient moral character
- 5. Compliance with medical confidentiality is:
- A. Initiative doctor
- B. Requirement articles of the Law Ukraine
- C. Recommendation of the World Medical Association's ethical necessity O.
- E. All of definition
- 6 .. Based on the theory of fluids (Hippocrates) which of the treatments for mental disorders seems most reasonable:
- A. Hypnosis
- B. Cleaning
- C. trepanation
- A. electroconvulsive therapy E. None of the above

Tests 3 levels and unusual task:

- 1 .Vidchuttya psychological contact element gives nonverbal communication:
- A. Look in the eye
- B. gesture of greeting
- C. O. voice intonations head nod
- E. Turn the housing body and head in the direction of the patient
- 2. Projection is:
- A. The attribution of patients to the doctor of their own negative traits
- B. Designing a relationship with your doctor is the most significant childhood trauma
- C. Transfer of patients to the doctor last experience of relationships with significant people
- A. Transfer sick children to the doctor fantasies and dreams
- E. Transferring a patient doctor relationship from past experience significant people
- 3. The patient usually sees an "ideal physician" as a person:
- A. One of his age and sex
- B. younger age and the same gender

- C. older and of the same sex
- A. A younger opposite sex and E. older and the opposite sex.
- 4. Patient L., 50 years old, Cancer Center is about malignant tumor of the right breast. Sister patient asked the doctor to inform her of the disease. Tactics of the doctor in this case:
- A. Failure to inform the patient about the disease sister
- B. Informing Sisters about the disease without the consent of the patient
- C. Full sister to inform the patient about the disease
- A. Information sisters only documentation and medical history E. inform relatives about the pathology of cancer should head. Department
- 5. Patient S., 49, is being treated in the gynecological department of surgery after hysterectomy because of fibroids and ovarian cancer. The patient's condition is satisfactory. Male patient demanded a doctor's detailed description of the surgery. Tactics of the doctor in this case:
- A. Full informing her husband after receiving the consent of the patient
- B. Information husband without the consent of the patient, as it its close relative
- C. Flat refusal of giving information to her husband
- A. Information husband after consideration at WCC E. Suggest man permission to information in court
- 6. K. Guy, 16. He graduated from high school with "good". He is fond of computers and technology. With school subjects easily mastered material in subjects such as algebra, geometry, drawing, physics. The father of a young man holds the post of chief doctor of the hospital, the mother employee medical university. Karl is going to enter a medical institute. What are the likely motives of choice of profession guided K:
- A. positive
- B. Negative
- C. External Internal O.
- A. Parental guidance

The task  $N_2$  1. In compartment car fast train passengers was medicament dentist, who has repeatedly stressed his talking skills specialist. When driving in the nearby car went

into labor. Dentist in its closed compartment and said that feels bad, so will not be able to provide assistance. Rate Action doctor:

- A. Medical Error
- B. Professional offense
- C. Accident
- B. Conduct medical error
- E. Low levels of moral and ethical qualities.

Task 2 Patient T., 62 years old, suffering from cancer, patient's condition is serious, worried about pain. Requests for euthanasia because it understands the "live long". Doctor talking to relatives and agreed to the requests. Rate Action doctor:

- A. Medical Error
- B. Professional offense;
- C. Drug duty
- A. High level of ethical qualities E. Low levels of moral and ethical qualities.

Task  $N_2$  3. At the reception, to the therapist asked the patient N., 40 years, this appeal fifth in the last month, complaining of headaches, dizziness, disruption of the heart, shortness of breath. The patient insists on hospitalization. Instrumental and objective pathology were found. To put unprintable words, the doctor sent the patient to consult a psychiatrist. Previously such behavior was not observed the doctor. Evaluate the behavior of the doctor:

- A. Syndrome of emotional burnout
- B. The professional deformation
- C. tension
- A. Professional cynicism
- E. Low levels of moral and ethical qualities.

Task № 4. Dr. R., who has two children up to 16 years, requiring a complete holiday in the midst of selling campaign. Chief doctor refuses to sign the application, operating staff shortage in this period. What is the area of socio-psychological climate team described:

A. first

- B. Second
- C. third
- E. O. fourth and first quarter

Task № 5. Woman 15 years, appealed to the gynecologist with a request to have an abortion (11-12 weeks gestation). Physician informed the girl's parents. Evaluate the behavior of the doctor:

- A. Medical Error
- B. Professional offense
- C. Drug duty
- A. Error behavior doctor E. Disclosure of medical confidentiality.

Task №6. A young woman 20 years during the inspection revealed "acute abdomen" referred to the surgical department of DZ: ovarian cyst rupture. During the operation it became clear that it was necessary to operate appendicitis. What mistake was made at diagnosis:

- A. The behavior of medical staff
- B. Medical college
- C. Therapeutic and diagnostic tactical A.
- E. Keeping medical records
- 3. Basic literature:
- ]. Vitenko NV General and medychnapsyholohiya. K., 1996, p. 76-89.
- 2. VH Vasilenko Vnutrennye disease. M., 1978, pp. 22-31, 46-54, 68-79.
- 3. Maklakov AG General psychology. SPb., 2000, 592 p.
- 4. Abramov VA and others. Medychnapsyholohiya. Donetsk, 2010. 289 p.
- 5. Gavenko VD, Vitenko IS, GA Samardakova Workshop on medychnoyiPsyholohiyi. Kharkiv: Region-Inform, 2002 248s.
- 6. Fundamentals of general and medychnoyipsyholohiyi / ed. Vitenko IS, AS Shepherd Ternopil: Ukrmedknyha, 2003 344s.
- 7. Medical Psychology (tutorial): Pidzah. Ed. Professor ID controversial professor. JS Vitenko, Dnipropetrovsk, 2008.

- 8.Zahalna and medical psychology (practicum) Ed. 1. Professor D. Spirin, Professor JS Vitenko, Dnipropetrovsk APT- Press, 2002.
- 9. Tyulpyn JG Medical Psychology, Moscow "Medicine", 2004.
- 10. Mendelevich VD Medical and Clinical Psychology, Moscow "MEDpress-inform", 2005.
- 11. Mikhailov BV, Tabachnykov SI, Vytenko I. S. Chugunov VV psychotherapy. Kharkiv: OKO, 2002.

#### Further Reading:

- 1. IS Vitenko General and Clinical Psychology. Textbook for medical students vuziv.-K.Zdorov'ya. 1994.-294s.
- 2. IS Vitenko Psychological foundations of therapeutic and preventive activities and prepare a general practitioner. H.Osnova. 2002.-388s.
- 3. IS Vitenko Chaban AS AA stork Family Medicine: psychological aspects of diagnosis, prevention and treatment. Ternopil: Ukrmedknyha. 2002. -187 p.
- 4. Gavenko VL .. Vitenko I.S, GA Samardakova Practice of medical psychology. Kharkiv: Region-Inform. 2002. 248s.
- 5. General and Medical Psychology (workshop) in total. edited by ID Spirin, IS Vitenko. Dnepropetrovsk: Art Press. 2002 175s.
- 6. Psychiatry; Production regulatory and practical issue. K. MNATS Health Statistics; IEC "Mediainform", 2009 628 p.
- 7. V. Chugunov Psychotherapeutic diagnosis 3rd edition extended. Kharkiv, 2014 536 p. Byblyohr .: 469-505
- 8. V. Kozidubova, VM Kuznetsova, VA Verbenko, LM St. George's, AA Fils, IA Babenko. Psychiatry. Kharkov: Charm, 2013 -1164 with.
- 9. Golovakha E.Y .. Panin NV Psyholoi; yyachelovecheskohovzaymoponymanyya. Kiev. Ed. Drizzle. LyteraturыUkraynы, 1989. 187s.
- 10. K. Leonhard Aktsentuyrovannыelychnosty / Per. with Pam. Kiev: High School. 1981. -390 р.
- P.LuryyaP.A .. Internal picture of illness and yatrohennыezabolevanyya. (Ed. 4th). Moscow. Medicine. 1977. 12s.

- 12. Fundamentals of general and medical psychology / Ed. and I.S.Vitenka O.S.Chabana. Ternopil: Ukrmedknyha. 2003. -344 p.
- 13. I. A .. Polishchuk AE Vydrenko Atlas for skeperymentalnohoyseledovanyyaotklonenyyv psyhycheskoydeyatelnostycheloveka. Kiev, "health". 1980. -122s.

N.Tashlykov VA Psyholohyyalechebnohoprotsessa. - L-Dr. "Medicine". 1984 - 191s.

- 15. Teleshevskaya M.S Pohybko NI .. Voprosыvrachebnoydeontolohyy. L-Dr. "Medicine". 1978. 158s.
- 16. Topolyanskyy VD MV Strukovskaya Psyhosomatychsskyerasetroystva. Moscow. Medicine. 1985. 380 p.