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INTERNATIONAL SCIENTIFIC AND PRACTICAL CONFERENCE **"DISTANCE EDUCATION AS THE MAIN PROBLEM OF** YOUNG PEOPLE" Madrid, Spain

December 26 - 29, 2023

ISBN 979-8-89238-618-0

DOI 10.46299/ISG.2023.2.15

DISTANCE EDUCATION AS THE MAIN PROBLEM OF YOUNG PEOPLE

Proceedings of the XV International Scientific and Practical Conference

Madrid, Spain December 26 - 29, 2023

UDC 01.1

The 15th International scientific and practical conference "Distance education as the main problem of young people" (December 26 - 29, 2023) Madrid, Spain. International Science Group. 2023. 345 p.

ISBN - 979-8-89238-618-0 DOI - 10.46299/ISG.2023.2.15

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	HISTORY	
17.	Богів О.О., Богів О.Я.	98
	ПРОГОЛОШЕННЯ НЕЗАЛЕЖНОСТІ КАРПАТСЬКОЇ УКРАЇНИ, ЇЇ ОКУПАЦІЯ УГОРЩИНОЮ ТА МІЖНАРОДНА ОЦІНКА ЦИХ ПОДІЙ БЕРЕЗНЯ 1939 РОКУ	
	JURISPRUDENCE	
18.	Smorodina D., Nevara L.	107
	ПРИМУСОВА ПАСПОРТИЗАЦІЯ ЯК ПОРУШЕННЯ ОСНОВОПОЛОЖНИХ ПРАВ ЛЮДИНИ НА ТИМЧАСОВО ОКУПОВАНИХ ТЕРИТОРІЯХ	
19.	Tatarenko H., Kotova L., Tatarenko I.	111
	PROBLEMS OF REGULATING LIABILITY IN THE ACTIVITIES OF PRIVATE MILITARY AND SECURITY COMPANIES	
20.	Мулик К.Т.	119
	АНАЛІЗ ПРОБЛЕМ ІНСТИТУТУ ДІЗНАННЯ НА ДОСУДОВОМУ РОЗСЛІДУВАННІ	
	MANAGEMENT, MARKETING	1
21.	Liu Jie, Trushkina N.	125
	TRENDS OF SCIENTIFIC ACTIVITIES DEVELOPMENT IN GERMANY	
22.	Заяц О.В., Поліщук К.А.	134
	ІННОВАЦІЙНІ СТРАТЕГІЇ УПРАВЛІННЯ В ЕПОХУ ЦИФРОВОЇ ТРАНСФОРМАЦІЇ	
	MEDICINE	1
23.	Kenges D.B., Aliaskarova M.T., Abdinassir S.N., Khassanova S.R.	137
	POSTPARTUM DEPRESSION IS THE CENTRAL PROBLEM OF OUR CENTURY	
24.	Kokorkin O., Pacholchuk O., Morgun V.	144
	EXPERIENCE OF TREATMENT OF PILONIDAL DISEASE IN CHILDREN	
25.	Vergeles T., Serheta I.	146
	HYGIENIC ASSESSMENT OF THE DAILY REGIME OF STUDENTS OF HIGHER MEDICAL INSTITUTIONS UNDER DISTANCE EDUCATION CONDITIONS	

EXPERIENCE OF TREATMENT OF PILONIDAL DISEASE IN CHILDREN

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Introduction. Pilonidal cyst of the coccyx is a widespread purulent-inflammatory disease that occurs in children of various age groups, more often in adolescence in the form of an acute horn abscess [2, 3, 5]. The relevance of studying this pathology is explained by the fact that the disease manifests itself in the most active working age. Despite the duration of the study of this problem and the variety of options for surgical interventions, their results cannot be called completely satisfactory due to the long healing time of sacro-coccygeal wounds (according to the literature), the high frequency of disease recurrence - from 2 to 40 % and postoperative complications - from 2.5 to 53% [1, 4].

The goal of increasing the effectiveness of diagnosis and treatment of pilonidal disease in children.

Materials and methods. An analysis of the treatment of 27 children with pilonidal disease from 2016 to 2023 was carried out. on the basis of the Department of Pediatric Surgery of Zaporizhzhya State Medical and Pharmaceutical University. The average age of the patients was 15.2+2.7 years. The predominant number of boys – 19 (70.3%), girls – 8 (29.7%)

All children underwent a preoperative examination using ultrasound of the sacrococcygeal area, radiography of the sacrococcygeal spine with fistulography and MRI. Operative treatment was carried out for all children. In 18 (66.7%) children (group I), excision of the coccygeal cyst was performed, and in 9 (33.3%) patients (group II) with subsequent plastic surgery with displaced flaps ("Flap plastic").

Results and discussion. The analysis showed that out of 27 patients, 20 (74.1%) had coccygeal cysts with coccygeal fistula, and 7 (25.9%) patients had no fistula.

Among the patients of the 1st group, 14 (51.8%) children had a history of chronic inflammation in the stage of purulent fistula, and 6 (22.2%) had a history of recurrent abscess.

The average duration of surgery in the II group was 47.3 ± 10.4 minutes, and in the I group - 56.7 ± 12.3 minutes. Analysis after the operative period showed that the

duration of general hyperthermia in patients of the II group was 0.9 ± 0.7 days, while the temperature did not rise above the fibrillar numbers, and in the I group the temperature lasted 1.3 ± 0.9 days. The duration of antibacterial therapy in the I group was 8.9 ± 1.7 days, and in the II group - 6.9 ± 1.4 days. When analyzing the average stay in the hospital, it was determined that in the II group, patients were discharged for an average of 8.1 ± 1.2 days, and in the I group - 11.3 ± 1.7 .

There were no direct intraoperative complications. In the postoperative period in group I, complications were noted in 13 (48.1%) patients: - in 4 (14.8%) patients, cutting of sutures (due to violation of bed rest), in 5 (18.5%) - suppuration of the postoperative wound, ischemic necrosis of the wound edges developed in 3 (11.1%) children (as a result of excessive tension of the adapted wound edges), and in 2 (7.2%) - the formation of a postoperative hematoma was noted. In the II group, complications in the postoperative period were identified in 3 patients: 1 (3.7%) patient – cutting of sutures and separation of the edges of the wound (violation of the regime, in 2 (7.2%) hematoma suppuration, which was drained.

In the early postoperative period, 6 (22.2%) children of the II group had good wound healing with primary tension, no secretions, and a good cosmetic effect.

Conclusions: 1. The prevalence of epithelial coccygeal passages, a long period of recovery, loss of working capacity for this period, and a high frequency of complications require a differentiated approach to the diagnosis and selection of a treatment method for this disease. Further research and the development of new methods of operative treatment are also warranted.

2. The use of modern treatment methods allows to reduce the number of complications in the postoperative period and shorten the length of the patient's stay in the hospital.

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