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Матеріали

*II Науково-практичної Internet-конференції
з міжнародною участю*

ФАРМАЦЕВТИЧНІ ТЕХНОЛОГІЇ, СТАНДАРТИЗАЦІЯ ТА ЗАБЕЗПЕЧЕННЯ ЯКОСТІ ЛІКАРСЬКИХ ЗАСОБІВ

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HOMEOPATHIC REMEDY FOR STRESS REDUCTION

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Introduction. Homeopathy is a therapeutic method which is using highly diluted substances, developed by S. Hahnemann at the end of the 18th century and still found not only in the post-Soviet countries, but also in many other countries [3]. Homeopathy is extremely popular for the treatment of acute respiratory infections, bronchitis, migraine, depression and other diseases, including cancer [1,2,3,4].

Materials and methods. Content analysis of available sources of popular and scientific medicine, online trading platforms, distributor websites.

Results and their discussion. *Schlusser's* salts № 2 (composition: *Calcium phosphoricum* D6) are prescribed to children for psychological stress, school stress, hyperactivity, growth problems; *Schlusser's* salts № 5 (composition *Kalium phosphoricum* D6) are used to treat conditions of general weakness, mental, emotional and physical exhaustion, as a supportive treatment for insomnia, irritability, depression. The complex homeopathic medicine *Ignata 200/Cactus 50 50* (composition: *Ignatia amara* 200; *Cactus grandiflorus* 50) is prescribed for heart pain, neuroses, as a sedative. *Homeo-kid* (composition: *Cina* 200CH, *Chamomilla* 200CH, *Agaricus muscarius* 200CH) normalizes the state of the central nervous system has a mild sedative effect, relieves tension, improves sleep, reduces emotional lability; normalizes blood supply to the brain, improves brain tissue trophism; helps eliminate the consequences of perinatal encephalopathy. *Asthenia-gran* (composition: *Acidum phosphoricum* 200CH, *Kalium phosphoricum* 200CH, *China* 200CHO) normalizes neuroendocrine effects on the cardiovascular system, ensures sufficient blood supply and adequate functioning of the central nervous system, normalizes vascular tone, improves microcirculation in tissues and their tropism.

Conclusions. Domestic homeopathic remedies are quite diverse and exhibit multi-vector activity in relation to stress states.

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